

Harnessing the Power of Our Transformational Will

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Communal/Collective Trauma

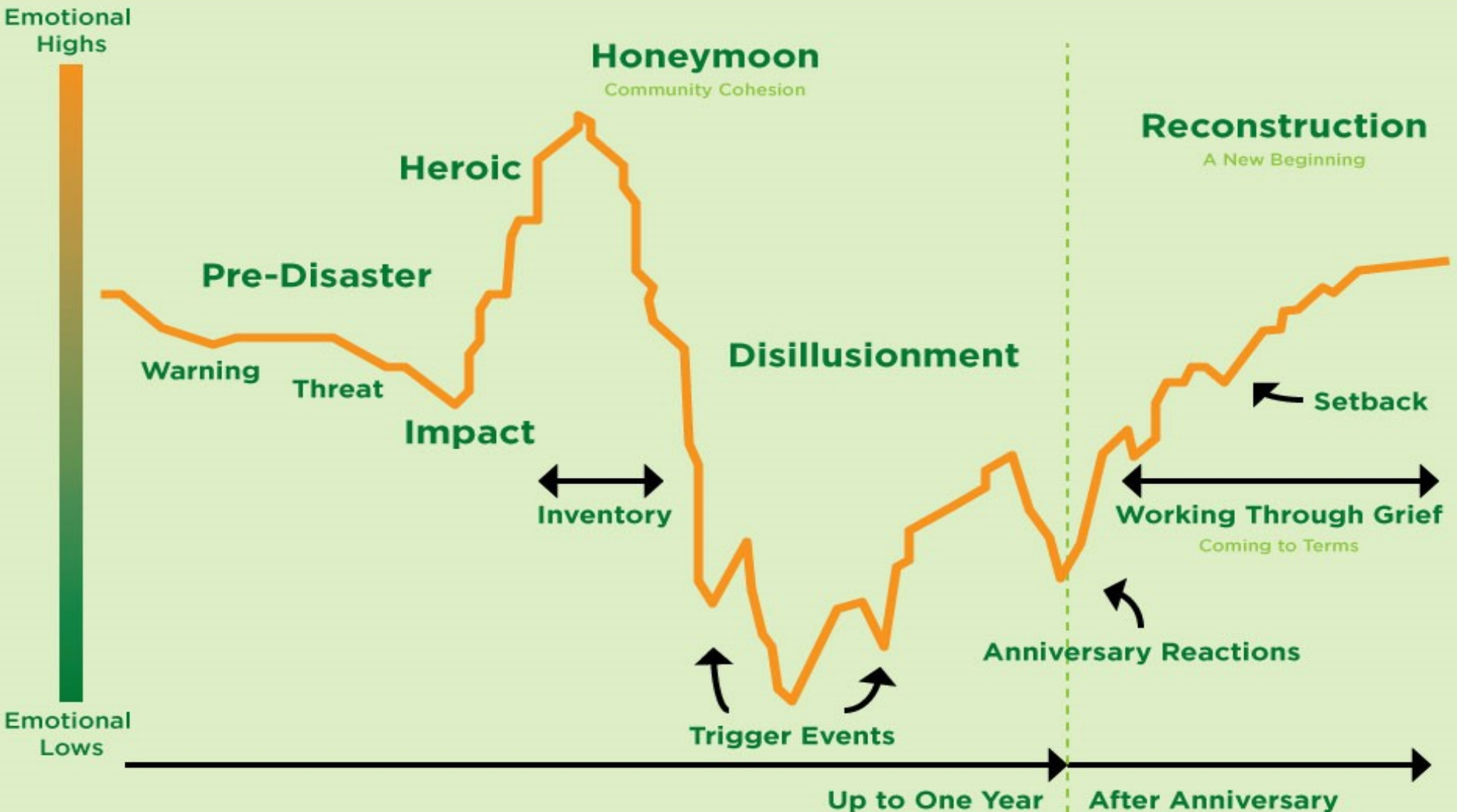
When a group of people experience a shared traumatic event(s) or history.

Holocaust

September 11, 2001

Covid-19 Pandemic

Buffalo Shooting



Lessons learned

1. Not everyone and every community heals the same.
2. We must center and empower the community harmed.
3. There is wisdom in both success and failure.
4. We are in this together.
5. We must dedicate ourselves to ending cycle or not repeating.

However, do we have this
transformational will ?

<https://fb.watch/g4ePGmhELS/>

2 factors that are destroying our will

Habituation psychology is growing accustomed to a stimulus or situation, even if it causes sadness or misery.

Identity motivated reasoning are biases based on what we tend to believe because of the in-group identifications.

Communal/Collective Healing

